



# SENIOR TIMES

DECEMBER 2017

MAURY COUNTY SENIOR CENTER 931-380-3950

VOL. 5. ISSUE 12



**Brenda Grimsley**  
Executive Director  
mcsc3@cpws.net  
\*\*\*\*\*  
MCSC  
2017-2018  
Board Members

*\*Vernon Brooks*  
*\*Chairperson*  
*Ed Brooks*  
*Beverly Baxter*  
*Walter Mitchell*  
*Agnes Young*  
*Jo Ann McClellan*  
*Bobby Chance*  
*Rick Molder*  
*David Skillington*  
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*Ted Huntley*  
*Jean Sims*  
*Vickie Beaver*  
*Whitney Seaton*  
*Mayor Charlie Norman*  
*Mayor Dean Dickey*  
*Mayor Jim Baily*  
*Mayor Rick Graham*

## Veteran's Day Celebration



### Inside this issue:

- 2 - Thank You's
- 3 - Columbia Activities
- 4 - Menu
- 5 - Tournament Sponsors & Winners
- 6 - Classes - Assistance
- 7 - Mt. Pleasant Activities
- 8 - Pot Luck & Newsletter sign up





**Mayor Charlie Norman and Mayor Dean Dickey (pictured with MCSC Executive Director; Brenda Grimsley), signing The Adult Abuse Coalition Proclamation.**

**Our annual Christmas Party is on December 14th at 11:00 AM. We hope you will come!**



**Pictured above: Our Veteran's! We had a very nice celebration with certificates given by Maury County Senior Center, gift cards from Heritage Bank & Trust, vegetable trays from Wal Mart, bakery from Bake Us Happy, Pie Sensations, and The Windmill Bakery.**



Mon	Tue	Wed	Thu	Fri
<p>Please plan to be with us for our annual Christmas Party December 14th at 11:30 AM</p> 		<p>Please Note: We will be closed December 25th &amp; 26th, and January 1st and 2nd for Tennessee Government Holidays.</p>	<p>Join us for our New Years Celebration on December 29th at 10am!</p> 	<p><b>1</b> 8 Cards/games/pool <b>9</b> <i>Nine Ball Pool Tournament</i> <b>10:30</b> Trivia w/ Mary Behavioral Healthcare <b>11:30</b> Lunch by Behavioral Healthcare <b>1</b> Walk With Ease(Track) 1-4:30 Bridge <b>7pm</b> Chess Club </p>
<p><b>4</b> 8:30-9 Beginners Line Dance 9-10 Line Dance Class 9 Canasta/games 11:30 Lunch 1-2 Silver Sneakers-cancelled <b>1</b> Walk With Ease(Track) 2-3 Tai-Chi <b>6pm</b> Yoga Class</p> 	<p><b>5</b> 8 Cards/games/pool <b>10 B/P by Quality 1st Home Care</b> <b>10 Dr. Hutton: Natural Health</b> <b>11 Kroger Bingo</b> 11:30 Lunch</p> 	<p><b>6</b> 8 Rook &amp; Canasta 9 Medicare Counseling 9:30 Rock Painting <b>11 Kroger Bingo</b> 11:30 Lunch 1-4 Bridge 1-2 Silver Sneakers-Cancelled <b>1</b> Walk With Ease(Track) 2-3 Tai-Chi Class</p> 	<p><b>7</b> 8 Cards/games/pool <b>8:30 BP Check with Caris</b> <b>9:30</b> Arthritis Exercise 9:30 Bridge <b>11 Kroger Bingo</b> 11:30 Lunch <b>1 FRA 44</b> <b>6pm</b> Yoga Class</p> 	<p><b>8</b> 8 Cards/games/pool <b>8:20 Rook Tournament</b> <b>11</b> Kroger Bingo 11:30 Lunch <b>1</b> Walk With Ease(Track) 2 Wreaths 1-4:30 Bridge <b>7PM</b> Chess Club</p> 
<p><b>11</b> 8:30-9 Beginners Line Dance 9-10 Line Dance Class 9 Canasta/games 11:30 Lunch 1-2 Silver Sneakers-cancelled <b>1</b> Walk With Ease(Track) 2-3 Tai-Chi <b>6pm</b> Yoga Class</p> 	<p><b>12</b> 8 Cards/games/pool 9:30 Golden K 9:30 Rock Painting <b>11:00 Kroger Bingo</b> 11:30 Lunch <b>6PM</b> Master Gardeners</p> 	<p><b>13</b> 8 Rook/games/pool 9 Medicare Counseling <b>11 Kroger Bingo</b> 11:30 Lunch 1-4 Bridge 1-2 Silver Sneakers-Cancelled <b>1</b> Walk With Ease(Track) 2-3 Tai-Chi</p> 	<p><b>14</b> 8 Cards/games/pool 11:00 <b>Annual Christmas Party</b> 1-4:30 Bridge <b>6pm</b> Genealogy</p> 	<p><b>15</b> 8 Cards/games/pool <b>8:30</b> <i>Canasta Tournament</i> <b>9:00</b> <i>Corn Hole Tournament</i> 11:30 Lunch <b>1</b> Walk With Ease(Track) 1-4:30 Bridge <b>7PM</b> Chess Club</p> 
<p><b>18</b> 8:30-9 Beginners Line Dance 9-10 Line Dance Class 9 Canasta/games <b>9 Phase 10 Tournament</b> 11:30 Lunch 1-2 Silver Sneakers-cancelled <b>1</b> Walk With Ease(Track) 2-3 Tai-Chi <b>6 pm</b> Yoga Class</p>	<p><b>19</b> 8 Cards/games/pool 9 Wii Practice <b>10 Columbia Cares Speaker</b> <b>10 BP with Quality 1st Home Care</b> <b>11:00 Kroger Bingo</b> 11:30 Lunch</p> 	<p><b>20</b> 8 Rook/games/pool 9 Medicare Counseling <b>9 Pool Tournament</b> <b>9 Wii Tournament</b> 11:30 Lunch 1-4 Bridge 1-2 Silver Sneakers-Cancelled <b>1</b> Walk With Ease(Track) 2-3 Tai-Chi</p> 	<p><b>21</b> 8 Cards/games/ pool <b>8:30 B/P Check with Caris</b> <b>9:30</b> Arthritis Exercise <b>10:30</b> Trivia w/Lifecare <b>11</b> Kroger Bingo <b>11</b> Newcomers 11:30 Lunch 1-4:30 Bridge <b>6pm</b> Yoga Class</p> 	<p><b>22</b> 8 Cards/games/pool <b>10 BIRTHDAY PARTY</b> With Kris Alexander of Vanderbilt Stallworth <b>11</b> Kroger Bingo 11:30 Lunch <b>1</b> Walk With Ease(Track) 1-4:30 Bridge <b>7PM</b> Chess Club</p> 
<p><b>25</b> <b>CLOSED</b></p> 	<p><b>26</b> <b>CLOSED</b></p>	<p><b>27</b> 8 Rook &amp; Canasta 9 Medicare Counseling <b>11 Brookdale Bingo</b> 11:30 Lunch 1-4 Bridge 1-2 Silver Sneakers-Cancelled <b>1</b> Walk With Ease(Track) 2-3 Tai-Chi Class</p> 	<p><b>28</b> 8 Cards/games/pool <b>8:30 B/P Check with Willowbrook</b> <b>9:30</b> Arthritis Exercise 9:30 Bridge <b>11:00</b> Kroger Bingo 11:30 Lunch 1-4:30 Bridge <b>6pm</b> Yoga Class</p> 	<p><b>29</b> 8 Cards/games/pool <b>10</b> <i>New Year's Celebration</i> <b>11</b> Kroger Bingo 11:30 Lunch <b>1</b> Walk With Ease(Track) 1-4:30 Bridge <b>7PM</b> Chess Club</p> 

**\*\*\*PLEASE NOTE: Silver Sneakers is cancelled for December\*\*\*  
Tuesday Computer and Genealogy Class are cancelled for December.**



We were so excited to receive gifts of two television sets from a combined effort of Family Advantage Federal Credit Union and United Way. Pictured on each of Brenda Grimsley are Tony Mills and Milly Poplar. Thank you!!!



## November Special Events



Physical Therapist, Jason Martin, came with Healthy Hearts (Maury Regional Hospital) to show us helpful exercises.



Thank you to Pet Pals of Maury County for continually putting out the need for needed pet food. Lisa, our faithful pet advocate, faithfully bags up all the food!



Kris Alexander from Vanderbilt Stallworth bringing goodies and presents for our November Birthday Party!



Line dancing is a favorite around here! Please join us Monday mornings at 8:30 am for the beginner class; and then stay for the 9:00 am basic class.



November Birthdays!

# GIVE THANKS



What a wonderful Thanksgiving Luncheon we had! Thank you to all that came and made it so very special.



You don't know what you're missing if you've not experienced our Arthritis Exercise Class on Thursday mornings at 9:30 am with Yolanda Cothran and her volunteer assistant, Jean Thomason. We get the highest views on facebook from people watching snippets of this class. You exercise at your own pace and abilities. The class is free, and you'll love it!



Enjoying one of our newly donated television sets from Family Advantage Federal Credit Union and United Way!

**\*\*\*\*PLEASE NOTE: WE ARE CLOSED ON DECEMBER 25TH AND 26TH, 2017 AND ON JANUARY 1ST AND 2ND, 2018 FOR TENNESSEE GOVERNMENT HOLIDAYS.\*\*\*\***



PLEASE SUPPORT OUR MILITARY

**MAURY COUNTY SENIOR CENTER  
TOURNAMENT WINNERS FOR NOVEMBER 2017**

**9-BALL POOL:** Sponsored by: ROBERT MOONINGHAM  
**ROOK:** Sponsored by: THE BRIDGE ASSISTED LIVING  
**PHASE 10:** Sponsored by: AMBASSADORS GOLF CLUB  
**POOL:** Sponsored by: TOMMY HEIGHT SHELTER INSURANCE  
**Wii:** Sponsored by: NHC MAURY REGIONAL  
**CORNHOLE:** Sponsored by: HERITAGE FUNERAL HOME  
**CANASTA:** Sponsored by: MAURY COUNTY SENIOR CENTER

Be a good friend and leave the handicap parking for folks that have a handicap tag on their car or windshield.



**PHASE 10 WINNER**

**Wilnita Bellafant**



**9-BALL POOL WINNERS**

1st Place: Terry Cothran  
2nd Place: Marshall Dodson  
3rd Place: Jim Hutcheson



**POOL WINNERS**

1st Place: Norman Areia  
2nd Place: Belton Dickens  
3rd Place: Bob St. Lawrence  
(Not pictured)



**Wii BOWLING WINNERS**

1st Place: Jean Thomason  
2nd Place: Rebecca Moore  
3rd Place: Leray Crawford



**CANASTA WINNERS**

1st Place: Juanita Boshers  
2nd Place: Carol South



**CORNHOLE WINNERS**

Rebecca Moore  
Harlan Karlson



**ROOK WINNERS**

Carol South  
John McKennon



**It's still a Bargain**  
A subscription to our newsletter is only \$5 a year. If you haven't paid in a year, we'd sure appreciate a prompt payment.

**OOPS, MISTAKES HAPPEN**  
Occasionally there may be an error in days, times, or fees in this newsletter. When such errors do occur, the staff will do everything possible to correct the situation promptly.



**Our Sympathy to the families of:**  
**Barbara Walters**  
**Alice Faye Bills**  
**Martha Reich**



**MERRY CHRISTMAS  
 & HAPPY NEW YEAR**



If you would like to see this newsletter in living color go to [www.mcsc2.org](http://www.mcsc2.org)

**Special Thanks To:**

Behavioral Healthcare - Lunch  
 Vanderbilt Stallworth - November Birthday Party  
 Kroger - Bakery/Flowers  
 Caris Healthcare, Willowbrook Hospice, and Quality First  
 Healthcare for Blood Pressure Checks  
 Bingo with Brookdale  
 Veteran's Day donations from Heritage Bank & Trust, Wal  
 Mart, Bake Us Happy, Pie Sensations, & The Windmill Bakery  
 Pet Pals for posting our pet food need: and to those that  
 donated.  
 Family Advantage Federal Credit Union and United Way for  
 two large televisions.

➡ **At the COLUMBIA SENIOR CENTER:**  
**PERSONAL MEDICARE COUNSELING** is available at  
 the center each **Wednesday** from Volunteer Counselors from  
 the State Health Insurance Assistance Program (SHIP).  
**Appointments are necessary**, and SCTDD will help with all  
 your questions and is your first stop in choosing a plan. Call  
 the Senior Center for more information at 931-380-3950.  
 Counselors will answer questions and assist with problems  
 related to Medicare. Information will be available about  
 Medicare Supplement Insurance, Advantage Plans, Part D  
 Prescription drug plans, eligibility for financial assistance, and  
 other Medicare issues.

Call toll free at 1-877-801-0044 for screening to see if you  
 qualify for "extra help" with your prescription drug costs  
 and/or to request a free brochure.

➡ **For a limited time at the**  
**MT. PLEASANT SENIOR CENTER:**  
**SHIP counselors are available every Monday from 1-3pm**  
**(beginning Monday, Oct. 16 to Dec. 11, 2017).**  
**Please call for an appointment at 931-379-2927.**  
**MT. PLEASANT SENIOR CENTER, 501 Gray Lane.**



**BOW WOW! MEOW!**  
 If you are 60 or over,  
 stop by the Maury County  
 Senior Center once a week for a  
 bag of pet food. Sponsored by:  
 PET PALS of Maury County, and  
 other community members.

Thank you for  
 responding to  
 our great  
 need last  
 month!



**BEGINNING COMPUTER CLASS: Cancelled for December**

Instructor: John Pierce Tuesdays 1 - 2:30 (Reservations not required)

**GENEALOGY RESEARCH COMPUTER CLASS:**

**Cancelled for December**

Instructor: John Pierce Tuesdays - 3pm to 4:30pm.

(Reservations not required)

**MICROSOFT OFFICE CLASS**

Instructor: Don Waller Tuesdays 10:30 - 12:30

(Reservations required) Call 380-3950

Maury County Senior Center is in need of  
 volunteers for Meals on Wheels. For  
 more information, please call  
 931.380.3950. Ext 2



**Arthritis Exercise**  
**THURSDAYS**  
**9:30 AM**

**YOGA**  
**MONDAYS 6-7PM &**  
**1st, 3rd, and 4th**  
**THURSDAYS 6-7PM**  
**\$3.00**

**PLEASE NOTE:**  
**Cancelled**  
**For December:**  
**SILVER SNEAKERS**

**MONDAYS  
 & WEDNESDAYS  
 2-3PM**



We've started walking on a regular basis at the  
 new walking track behind us! Please check the  
 schedule for our walking times as a group. The  
 track is less than a half of a mile. It's called,  
 "Walk With Ease".

**SOUTH CENTRAL AREA TRANSIT SERVICE**  
**VANS ARE BASED IN CAMPBELL PLAZA.**  
**CALL 931-490-9968 FOR RESERVATIONS**



We are partnering with Galaxy Lanes to  
 encourage seniors to bowl at least one time  
 per week. This is great exercise and a good  
 way to meet others.

# MT. PLEASANT SENIOR CITIZENS CENTER'S SCHEDULE

Phone 931 379-7222


















December 2017

Activity Coordinator: Diane James

Transportation: 931 388-9595

501 Gray Ln.

Meal Site Manager: Mary Smith

MON	TUES	WED	THUR	
<p><b>Please Note: We will be closed December 25th &amp; 26th, and January 1st and 2nd for Tennessee Government Holidays.</b></p>	<p style="text-align: center;"><b>Our Potluck Is On Friday, December 8th At 11:30 am</b></p> 	<p style="text-align: center;"><b>Invite A Friend Day Is On Friday, December 15th At 11:30 am</b></p> 	<div style="text-align: center;">  </div> <p style="text-align: right;"> <b>1</b> 9:30 Senior Walking            9:45 Coffee &amp; Chatting  <b>9:30 Blood Pressure</b>  <b>10:00 ARTHRITIS EXERCISE CLASS</b>            11:30 Lunch            </p>	
<p><b>4</b>            9:30 Senior Walking            9:45 Coffee &amp; Chatting  <b>10:00 Silver Sneakers Exercise—Cancelled for December</b>            11:30 Lunch</p> 	<p><b>5</b>            9:30 Senior Walking            9:45 Coffee &amp; Chatting  <b>11:00 Super Bingo</b>  <b>Pastor Myra Buchanan</b>            11:30 Lunch</p> 	<p><b>6</b>            9:30 Senior Walking            9:45 Coffee &amp; Chatting  <b>10:00 Silver Sneakers—Cancelled for December</b>  <b>11:00 Super Bingo</b>  <b>Pastor Myra Buchanan</b>            11:30 Lunch</p>	<p><b>7</b>            9:30 Senior Walking            9:45 Coffee &amp; Chatting  <b>10 Music Wayne Hall &amp; The Old Timers</b>            11:30 Lunch</p>  	
<p><b>11</b>            9:30 Senior Walking            9:45 Coffee &amp; Chatting  <b>10:00 Silver Sneakers—Cancelled for December</b>  <b>11:00 Cornhole</b>            11:30 Lunch</p> 	<p><b>12</b>            9:30 Senior Walking            9:45 Coffee &amp; Chatting  <b>11:00 Super Bingo</b>            11:30 Lunch</p> 	<p><b>13</b>            9:30 Senior Walking            9:45 Coffee &amp; Chatting  <b>10:00 Silver Sneakers—Cancelled for December</b>  <b>11:00 Super Bingo</b>            11:30 Lunch</p> 	<p><b>14</b>            9:30 Senior Walking            9:45 Coffee &amp; Chatting/  <b>10 Music Ron Perry</b>            11:30 Lunch</p> 	<p><b>15</b>            9:30 Senior Walking            9:45 Coffee &amp; Chatting  <b>9:30 Blood Pressure</b>  <b>10:00 ARTHRITIS EXERCISE CLASS</b>  <b>11:30 Lunch—"Invite A Friend"</b></p>
<p><b>18</b>            9:30 Senior Walking            9:45 Coffee &amp; Chatting  <b>10:00 Silver Sneakers—Cancelled for December</b>            11:30 Lunch</p> 	<p><b>19</b>            9:30 Senior Walking            9:45 Coffee &amp; Chatting            10:00 Senior Coloring  <b>11:00 Super Bingo</b>            11:30 Lunch</p> 	<p><b>20</b>            9:30 Senior Walking            9:45 Coffee &amp; Chatting  <b>10:00 Silver Sneakers—Cancelled for December</b>  <b>11:00 Super Bingo</b>            11:30 Lunch</p> 	<p><b>21</b>            9:30 Senior Walking            9:45 Coffee &amp; Chatting/  <b>10 Music Wayne Hall &amp; The Old Timers</b>            11:30 Lunch</p> 	<p><b>22</b>            9:30 Senior Walking            9:45 Coffee &amp; Chatting  <b>10:00 ARTHRITIS EXERCISE CLASS</b>            11:30 Lunch</p> 
<p><b>25</b>  <b>CLOSED</b></p> 	<p><b>26</b>  <b>CLOSED</b></p> 	<p><b>27</b>            9:30 Senior Walking            9:45 Coffee &amp; Chatting  <b>10:00 Silver Sneakers—Cancelled for December</b>  <b>11:00 Super Bingo</b>            11:30 Lunch</p> 	<p><b>28</b>            9:30 Senior Walking            9:45 Coffee &amp; Chatting/  <b>10 Music Ron Perry</b>            11:30 Lunch</p> 	<p><b>29</b>            9:30 Senior Walking            9:45 Coffee &amp; Chatting  <b>9:30 Blood Pressure</b>  <b>10:00 ARTHRITIS EXERCISE CLASS</b>            11:30 Lunch</p> 

**Sponsors: \*Arthritis Foundation & Maury County Senior Center \* Hidden Acres  
 \* Mid Tennessee Bone & Joint Clinic \*Quality First Home Health**

# Mt. Pleasant Senior Center

Welcome to our new Mt. Pleasant Senior Center section!  
We'll be posting pictures, information, and upcoming events here.

**Please Note: We are closed on December 25th and 26th, 2017 and on January 1st and 2nd, 2018 for Tennessee Government Holidays.**



Francis Lyles won the prize for selling the most tickets for the fundraiser.

## November Fundraiser

Dec 8th: Potluck at 11:30am

Dec 15th: Invite A Friend Day at 11:30am. Hotdogs! Popcorn! Movie!

## Dinner At Mt. Pleasant City Hall



Mary, Diane, and Messiah









**SOUTH CENTRAL HUMAN RESOURCE AGENCY**  
**Nutrition Program for the Elderly**  
**Milk & Butter Included with each meal**  
**Please record food temperatures in the spaces to the right of the daily menus**

December 2017

\*\*\* Diabetic meals will have a dessert substitution of one of the following: fresh fruit, canned fruit (juice washed off), vanilla wafers, graham crackers, s/f Jell-O, pudding or cookie and applesauce.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>PINTO BEANS W/HAM</b> TURNIP GREENS SWEET POTATOES CORNBREAD FRESH APPLE MILK  DEC 1
<b>BBQ SANDWICH</b> 1 PKT. BBQ SAUCE POTATO WEDGES BAKED BEANS WW BUN MANDARIN ORANGES MILK  DEC 4	<b>CHICKEN &amp; NOODLES</b> LIMA BEANS WK CORN WW ROLL PINEAPPLE MILK  DEC 5	<b>CHILI W/BEANS</b> ½ PIMENTO CHEESE SAND. MIXED FRUIT POUND CAKE MILK  DEC 6	<b>SWEDISH MEATBALLS</b> PEAS & CARROTS MASHED POTATOES WW DINNER ROLL S/F CHOC. PUDDING MILK  DEC 7	<b>FISH FILLET SANDWICH W/ CHEESE AND TARTAR SAUCE</b> COLESLAW POTATO WEDGES WW BUN PEACH CRISP MILK  DEC 8
<b>CHICKEN TENDERS W/ HONEY MUSTARD</b> AUGRATIN POTATOES DICED CARROTS WW ROLL TROPICAL FRUIT MILK  DEC 11	<b>BEEF TOMATO BAKE</b> BLACK EYED PEAS BAKED APPLES COLE SLAW WW ROLL MILK  DEC 12	<b>CLOSED</b> <b>SITE MANAGERS MEETING</b>  <b>CLOSED</b> (Meals Only: Centers are open) DEC 13	<b>HAMBURGER STEAK W/ GRAVY</b> MASHED POTATOES GREEN BEANS WW ROLL DICED PEACHES MILK  DEC 14	<b>HAM &amp; SWISS ON WHEAT</b> TOMATO SOUP(6 OZ) PINEAPPLE SPONGE CAKE MILK  DEC 15
<b>BREADED PORK CHOP</b> PINTO BEANS TURNIP GREENS CORNBREAD MIXED FRUIT MILK  DEC 18	<b>HOT DOG W/ MUSTARD</b> POTATO WEDGES BAKED BEANS WW BUN BROWNIES MILK  DEC 19	<b>SALISBURY STEAK W/ GRAVY</b> WHOLE POTATOES LIMA BEANS WW DINNER ROLL DICED PEARS MILK  DEC 20	<b>CREAM CHICKEN OVER CORNBREAD</b> SEASONED CABBAGE STEWED TOMATOES PEACHES MILK  DEC 21	<b>BAKED HAM</b> CANDIED YAMS GREEN BEANS WW ROLL PECAN PIE MILK  DEC 22
<b>CLOSED</b>  <b>CLOSED</b>  DEC 25	<b>CLOSED</b>  <b>CLOSED</b>  DEC 26	<b>CHICKEN BISCUIT</b> CREAM CORN BAKED APPLES OATMEAL RAISIN COOKIE MILK  DEC 27	<b>VEGETABLE SOUP</b> ½ PIMENTO CHEESE SANDWICH FRESH ORANGE OATMEAL RAISIN COOKIE MILK  DEC 28	<b>BAKED SPAGHETTI</b> TOSS SALAD W/ RANCH APPLESAUCE TEXAS TOAST SUGAR COOKIE MILK  DEC 29

**This newsletter is sponsored by:**

For those eating on non-scheduled days at the Columbia Center: Please let the kitchen know the day before that you will be eating with us. We want to have enough food for everyone; and this helps us to have enough. Please call 931-380-3950. Thank you!



Maury County Senior Citizens  
P.O. Box 993  
Columbia, TN. 38402

Return Service Requested

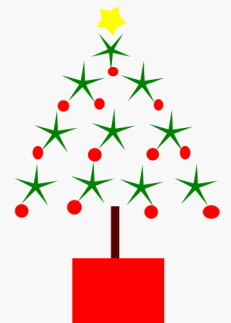
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**SENIOR TIMES**  
is a monthly publication of  
**Maury County Senior Citizens, Inc.**  
1020 Maury County Park Dr.  
Columbia, TN 38401  
*The Maury County Senior Center  
Is a United Way Agency*

**Our Annual Christmas Party Will Be**  
**On December 14th at 11:00am.**



We hope you come and join us for this  
very special gathering.



**SPONSORED BY THE OLDER AMERICAN'S ACT, UNDER THE AGREEMENT WITH SCTDD AREA AGENCY ON AGING  
& DISABILITY & THE UNITED WAY OF MAURY COUNTY**

**MAKE A DONATION OR SIGN UP TO HAVE A NEWSLETTER MAILED TO YOU...  
DON'T MISS ANY MORE EVENTS!**

**NAME:** \_\_\_\_\_ **1st Time Subscriber:** \_\_\_ **or Renewal:** \_\_\_ **DATE** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_ **State:** \_\_\_ **Zip Code:** \_\_\_\_\_

**MAURY COUNTRY SENIOR CENTER**

\_\_\_\_\_ **ENCLOSED IS \$5.00 FOR MY NEWSLETTER FOR 2016**

\_\_\_\_\_ **ENCLOSED IS A DONATION OF \$ \_\_\_\_\_ OR IN MEMORY OR HONOR OF:**

**NAME:** \_\_\_\_\_

No person in the United States shall, on grounds of race, color, or national origin, be excluded from participation in, be denied the benefits of, or subjected to discrimination under any programs or activities receiving federal financial assistance.  
(Title VI of the Civil Rights Acts of 1964)